Online Class Time Table

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| --- | --- | --- | --- |
| **Starts** | **Ends** | **Days** | **Class**  |
| **13:00** | **13:45** | **Monday** | **Core** |
| **18:00** | **18:45** | **Monday** | **Fitness** |
| **18:30** | **18:45** | **Tuesday** | **Kettlebells** |
| **12:00** | **12:45** |  **Wednesday** | **Core**  |
| **18:30** | **19:15** |  **Thursday** | **Kettlebells** |
| **13:00** | **13:45** | **Friday** | **Core** |
| **8:30** | **9:15** |  **Saturday** | **Bootcamp** |

Class Price list

 Monday to Friday £30

Monday to Saturday £50.

Per calendar month via Direct debit